

Handout

DONNA CHRISTINA SAVERY is a psychotherapist and group therapist in private practice in Buckinghamshire and Harley Street, London. At Exeter University she carried out research for her MA, which involved working with schizophrenic patients using drama and myth, an experience that sparked a lifelong interest in psychotherapy and psychoanalysis. Following a career as a theatre director and academic, she retrained in 2010 as an existential therapist, beginning her career at MIND.

She is a group work practitioner, having studied at the Institute of Group Analysis, and is currently undergoing training in Daseinsanalysis, an integrated form of psychoanalysis and existentialism. Her clinical work combines different aspects of these trainings and she is never far away from her drama roots in her understanding and approach to working with her patients. Email: Echoism@gmail.com or Donsydons@icloud.com

Publications

Savery D. C. (2013). The challenges of meaninglessness and absurdity addressed through myth and role play. In: E. Van Deurzen & S. Iacovou (Eds.), *Existential Perspectives in Relationship Therapy*. Basingstoke: Palgrave Macmillan.

Savery, D. C. (2015). Echoism and the container. *Hermeneutic Circular, Society of Existential Analysis*. London. April 2015.

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Savery, D. C. (2016). Book review: *Boundaries and Bridges*, Sabbadini, A. *Journal of Existential Analysis*, 27.

Savery, D.C. (2018). Book review: *Daseinsanalysis*, Holzhey-Kunz, A. *Journal of Existential Analysis*, 29.1

Savery D.C. (2018). *Echoism: The Silenced Response to Narcissism*. Routledge Press. (publication date: May 30th 2018).

Videos - Youtube Echoism Talk 1 Donna James

Suggested further readings for Narcissism and Echoism

Davis, D. (2005). *Echo in the Darkness*. *Psychoanalytic. Rev.*, 92(1):137-151.

Freud, S. (1910). *Leonardo Da Vinci and a Memory of his Childhood*. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XI.

Britton, R. (2003). *Sex, Death and the Superego*. Karnac Books, London. Chapter Ten: *Narcissism and Narcissistic Disorders*.

Ferry, L. (2014). *The Wisdom of the Myths*. Harper Collins. 2014

Holzhey-Kunz, A. (2016). *Why the Distinction between Ontic and Ontological Trauma Matters for Existential Therapists*. *Journal of Existential Analysis*. 27. 1: January 2016. Presented at World Congress for Existential Therapy. London, 14-17 May, 2015.

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Ovid. *Metamorphoses*. [Tr. Raeburn, D. (2004)] A New verse translation. Penguin Books.

Rosenfeld, H. (1987). *Impasse and Interpretation*. Toutledge Books, London. Part Three: *The Influence of Narcissism on the analyst's task*.

Sartre, J. P. (2013 tr.) *Being and Nothingness*. Routledge Classics Edition, Tr. Hazel E Barnes. 2013. [1943 orig.].

Savery D.C. (2018). *Echoism: The Silenced Response to Narcissism*. Routledge Press. (publication date: May 30th 2018).

Steiner, J. [Ed.]. (2008). *Rosenfeld in Retrospect: Essays on His Clinical Influence*. Routledge Books.